

# HIGHLANDER TRACK & FIELD NEWS

DECEMBER 21, 2006

## COACH D'S COMMENTS:

That was as satisfying a win as could be expected yesterday, with convincing wins in 8 events and a block- getting 2<sup>nd</sup> & 3<sup>rd</sup> place finishes- in the only 2 events won by Malden.

All our events are getting stronger each week- the dash stood out this week as something other teams will have to contend with rather than the other way around!

Looking on at the meet with pride were two brothers of current athletes who ran with distinction for SHS:

Blake Evitt-former GBL champion, currently running for Davidson- Blake won a national prep championship for the 1500m last year while abroad in France/ also in attendance was Yvonne Jean-Jacques, former captain, who is currently in the Marine Reserves awaiting assignment in the coming month.

## Max Effort T Awards:

**Kyler Evitt** crashed through the 5 minute barrier! Coach Tesch was heard urging him on above the din of the crowd.

**Nathaniel Evers**- cleared 5' in the HJ & rushed to the line to grab a third place with a sizzling 38.4 in the 300y run!

**Marcello Ciampa**- practice makes perfect with 5.8 50y dash

**Sam Post**- I like his style-despite lost uniform- found a way to motivate himself and ran a 6.2 dash PR!

**Dordy Jean-Jacques**- making it easy not to miss last year's GBL champion in the 300

**Israel Rodriguez & Steven Puopolo**- battling in the deuce, even though the outcome of the met was decided!

**Tim Tobin**- Assistant Captain- PR in the Shot!

Answering The Bell- Those who answer the bell in every meet- in the meets most critical moments- get to ring the bell on the next day- **Rolando M** showed he has no fear of competition and answered the bell with another record breaking performance against a good hurdler

## Points through 2 meets:

<b>Dordy Jean-Jacques</b>	11 ¼
<b>Dan Scarry</b>	11 ¼
<b>Rolando Maldonado</b>	10
<b>Jeff Querusio</b>	10
<b>Patrick Sullivan</b>	9
<b>Kyler Evitt</b>	8
<b>Steven Puopolo</b>	8
<b>Connor Ring</b>	6
<b>Zach Wackman</b>	6
<b>Ricardo David</b>	5¼
<b>Marcello Ciampa</b>	4
<b>Israel Rodriguez</b>	4
<b>Raj Mistri</b>	3
<b>Alex Massiah</b>	3
<b>Joe Abrantes</b>	3
<b>Will Estes</b>	2
<b>EliZandro Flores</b>	1 ¼
<b>Ben Katz</b>	1
<b>David Vasquez Guerra</b>	1
<b>Nathaniel Evers</b>	1
<b>Derrick Fitzgerald</b>	1

Practice during Vacation Week:

Sunday Run 12-24 -meet at SHS @ 10  
am

Tuesday 12-26 from 11am-1pm at SHS

Wednesday 12-27 from 9am-10am @

Tufts followed by GBL Fresh/Soph meet  
at Tufts

Thursday 12-28 from 11am-1pm @ SHS

Friday 12-29 from 11am-1pm @ SHS

Sunday Run 12-31 -meet at SHS 10am